



TIPS FOR STAYING SAFE ON HALLOWEEN

AVOID CANDY AND TREATS THAT DO NOT HAVE AN INGREDIENT LABEL, EVEN IF YOU TRUST THE FULL-SIZE VERSION.



READ THE LABEL, EVERY TIME.



CARRY AN EPINEPHRINE AUTO-INJECTOR. ALWAYS.



ENFORCE A "NO EATING WHILE TRICK-OR-TREATING" RULE.



KEEP THE EMPHASIS ON THE FUN, RATHER THAN THE CANDY.



SWAP ANY UNSAFE CANDIES YOUR CHILD MIGHT RECEIVE WITH YOUR OWN SAFE TREATS WHEN YOU GET HOME.



USE SORTING THROUGH YOUR CHILD'S CANDY AS AN OPPORTUNITY TO TEACH THEM ABOUT READING LABELS.



PARTICIPATE IN THE TEAL PUMPKIN PROJECT! LEARN MORE AT TEALPUMPKINPROJECT.ORG.

