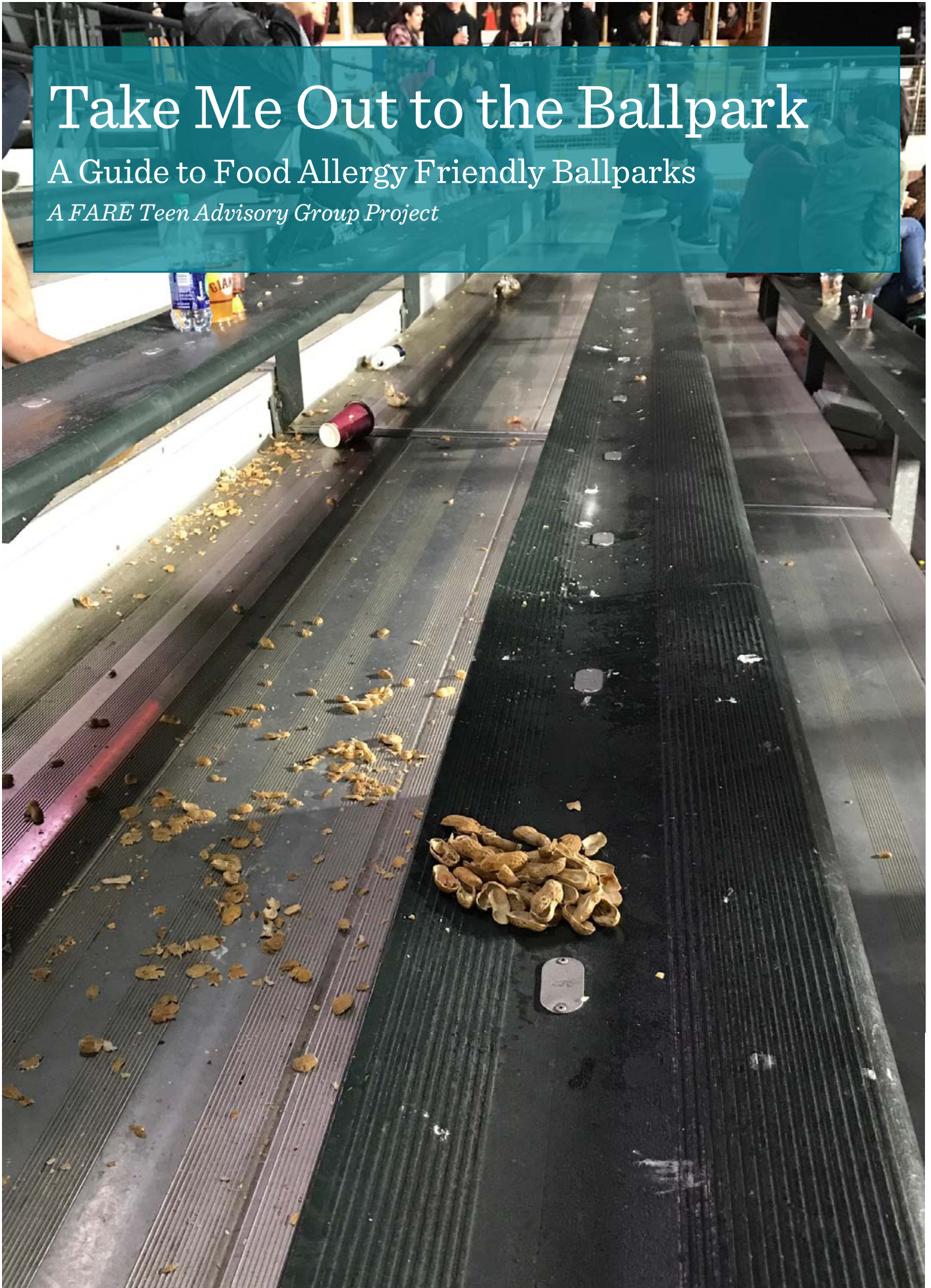


# Take Me Out to the Ballpark

A Guide to Food Allergy Friendly Ballparks

*A FARE Teen Advisory Group Project*



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## Introduction

Baseball is a traditional American pastime enjoyed by many. There's nothing better than spending a warm summer afternoon at the ballpark, drinking lemonade, eating garlic fries and cheering on the team. For fans with food allergies, however, a trip to the ballpark can be a stressful and even life-threatening outing.

We created this guide to help identify MLB ballparks that offer food allergy friendly programs, so that fans with food allergies can safely enjoy a baseball game.

Play ball!



Photo by Ryan Rivera



Photo by Stan Rivera

**Before heading to the game, call the ballpark and ask if they offer these special services:**







- ✓ Peanut allergy friendly games
- ✓ Peanut-free sections or suites
- ✓ Seats and pathways are power washed prior to the game
- ✓ Ushers offer bags for peanut shells to fans sitting in adjacent sections
- ✓ Emergency responders are nearby
- ✓ Gluten-free menus
- ✓ Ingredient lists available upon request

## Best Ballparks for Fans with Food Allergies

We contacted every MLB stadium and asked if they offer special programs for fans with food allergies. We found almost a dozen MLB teams who have really stepped up their game and are doing great things to accommodate fans with food allergies.




































These five ballparks hit home runs by offering the most games with peanut-free seats!

MLB Team	# Games with Peanut-Free Seats
 Oakland Athletics	All home games! 
 Arizona Diamondbacks	Most home games!
 Toronto Blue Jays	15 home games
 Washington Nationals	6 home games
 Seattle Mariners	5 home games

## Ballparks at a Glance

This chart includes ballparks that we contacted from April - August 2018. Some ballparks did not respond to our requests for information and therefore, are not included in this list.

MLB Team	Food Allergy Friendly Programs		
	Peanut-Free Seats	Gluten-Free Menus	Ingredient Lists
Arizona Diamondbacks			
Atlanta Braves			
Chicago White Sox			
Colorado Rockies			
Houston Astros			
Los Angeles Angels			
Los Angeles Dodgers			
Miami Marlins			
Milwaukee Brewers			
New York Mets			
Oakland Athletics			
San Diego Padres			
San Francisco Giants			
Seattle Mariners			
St. Louis Cardinals			
Toronto Blue Jays			
Washington Nationals			

## Detailed Inventory of Food Allergy Friendly Programs

This inventory includes ballparks that we contacted from April - August 2018. Some ballparks did not respond to our requests for information, so we are unable to provide details about their programs.

	Team	Stadium	Location	Food-Allergy Friendly Programs
	Arizona Diamondbacks	Chase Field	Phoenix, AZ	<ul style="list-style-type: none"> <li>Offers a peanut-free suite for majority of home games</li> </ul>
	Atlanta Braves	SunTrust Park	Atlanta, GA	<ul style="list-style-type: none"> <li>Gluten-free menus</li> <li>Some ingredient lists available</li> </ul>
	Baltimore Orioles	Oriole Park at Camden Yards	Baltimore, MD	N/A
	Boston Red Sox	Fenway Park	Boston, MA	N/A
	Chicago Cubs	Wrigley Field	Chicago, IL	N/A
	Chicago White Sox	Guaranteed Rate Field	Chicago, IL	<ul style="list-style-type: none"> <li>Offers two Peanut-Free games</li> <li>Gluten-free menus</li> <li>Ingredient lists available</li> </ul>
	Cincinnati Reds	Great American Ball Park	Cincinnati, OH	N/A
	Cleveland Indians	Progressive Field	Cleveland, OH	N/A
	Colorado Rockies	Coors Field	Denver, CO	<ul style="list-style-type: none"> <li>Offers a Peanut Allergy Friendly game each season, where six suites are thoroughly cleaned to remove peanut residue</li> <li>Sections in front of the suites are closed so families can sit outside</li> <li>Gluten-free and veggie menus</li> <li>Ingredient lists available</li> </ul>

	Team	Stadium	Location	Food-Allergy Friendly Programs
	Detroit Tigers	Comerica Park	Detroit, MI	N/A
	Houston Astros	Minute Maid Park	Houston, TX	<ul style="list-style-type: none"> <li>Gluten-free menus</li> </ul>
	Kansas City Royals	Kauffman Stadium	Kansas City, MO	N/A
	Los Angeles Angels	Angel Stadium	Anaheim, CA	<ul style="list-style-type: none"> <li>Gluten-free menus</li> </ul>
	Los Angeles Dodgers	Dodger Stadium	Los Angeles, CA	<ul style="list-style-type: none"> <li>Gluten-free menus</li> <li>Ingredient lists available</li> </ul>
	Miami Marlins	Marlins Park	Miami, FL	<ul style="list-style-type: none"> <li>Gluten-free menus</li> </ul>
	Milwaukee Brewers	Miller Park	Milwaukee, WI	<ul style="list-style-type: none"> <li>Offers Peanut-Controlled days, in which seating areas and paths are pre-cleaned</li> <li>Gluten-free menus</li> <li>Ingredient lists available</li> <li>Vegan offerings</li> </ul>
	Minnesota Twins	Target Field	Minneapolis, MN	N/A
	New York Mets	Citi Field	Queens, NY	<ul style="list-style-type: none"> <li>Occasionally offers a peanut-free area contained to party suites on Porsche Suite Level</li> <li>Gluten-free stand</li> <li>Ingredient lists available</li> <li>Medical staff for all events</li> </ul>

	Team	Stadium	Location	Food-Allergy Friendly Programs
	New York Yankees	Yankee Stadium	Bronx, NY	N/A
	Oakland Athletics	Oakland-Alameda County Coliseum	Oakland, CA	<ul style="list-style-type: none"> <li>Offers a peanut-free zone in Lodge 3 for all home games, which is cleaned and checked for peanuts</li> <li>Gluten-free menus</li> </ul>
	Philadelphia Phillies	Citizens Bank Park	Philadelphia, PA	N/A
	Pittsburgh Pirates	PNC Park	Pittsburgh, PA	N/A
	San Diego Padres	Petco Park	San Diego, CA	<ul style="list-style-type: none"> <li>Offers one game with a Peanut-Controlled Zone, with power-washed seating section, emergency responders nearby, removal of any peanut related ingredients in the immediate area, and “No Peanut Zone” signs around the section</li> <li>Gluten-free menus</li> </ul>
	San Francisco Giants	AT&T Park	San Francisco, CA	<ul style="list-style-type: none"> <li>Offers at least one Peanut Allergy Friendly game each season</li> <li>During this game, fans can buy tickets in a Peanut Allergy Friendly Section, where seats are free of peanut debris</li> <li>Fans in this section have access to an elevator that takes them very close to their seats without increased exposure in park</li> <li>Gluten-free menus</li> </ul>



	Team	Stadium	Location	Food-Allergy Friendly Programs
	Seattle Mariners	Safeco Field	Seattle, WA	<ul style="list-style-type: none"> <li>Offers five games with a "Peanut-Controlled Area"</li> <li>Gluten-free menus</li> </ul>
	St. Louis Cardinals	Busch Stadium	St. Louis, MO	<ul style="list-style-type: none"> <li>Offers one Peanut-Controlled Day each season</li> <li>On this day, fans can buy tickets in a section of seats that is deep cleaned prior to the game and peanuts are not allowed</li> <li>Peanuts are not sold directly behind the section</li> <li>Ushers offer bags for peanut shells to fans sitting in the adjacent sections.</li> <li>Gluten-free menus</li> <li>Vegan options</li> <li>Ingredient lists available</li> </ul>
	Tampa Bay Rays	Tropicana Field	St. Petersburg, FL	N/A
	Texas Rangers	Globe Life Park in Arlington	Dallas, TX	N/A
	Toronto Blue Jays	Rogers Centre	Toronto, Ontario	<ul style="list-style-type: none"> <li>Offers 15 games with a Peanut/Nut Reduced Zone</li> <li>Gluten-free menus</li> <li>Vegetarian, vegan, Kosher, and Halal options</li> </ul>
	Washington Nationals	Nationals Park	Washington DC	<ul style="list-style-type: none"> <li>Offers six Peanut-Free Days with the opportunity to purchase seats in a peanut-free environment</li> <li>Gluten-free menus</li> <li>Ingredient lists available</li> <li>Kosher and vegetarian options</li> </ul>

Photos by Stan Rivera

## About This Project

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As a baseball fan and a teen with severe food allergies, I know that it can be distressing for people with food allergies to go to a baseball game, particularly with peanut shells widely strewn on seats and walkways. As a member of the FARE Teen Advisory Group (TAG), I proposed a project to address this issue and make it easier for fans to identify ballparks that are supportive of fans with food allergies. I led a team of TAG teens from across the nation to research food allergy-friendly programs offered at all MLB stadiums. We reached out to each stadium and asked these questions:

- Do you offer a peanut free day for your fans?
- Do you offer a peanut free section for your fans?
- Do you offer gluten-free menu options in your park?
- Do you offer ingredient lists for your fans upon request?
- Are there any other special food allergy programs that you offer that you would like us to be aware of?

Many ballparks responded to our questions and are doing great things to support their fans with food allergies. Despite our follow-up efforts, a number of ballparks did not respond so unfortunately are not represented in this guide. If you know of a ballpark that wants to be included in future editions, please let us know! We would be happy to spread the news about more food allergy-friendly ballparks. Thank you!

**Project Leader:** Lauren Rivera

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## About FARE

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FARE's mission is to improve the quality of life and the health of individuals with food allergies, and to provide them hope through the promise of new treatments. FARE's Teen Advisory Group (TAG) is our voice for the teen and young adult food allergy community.