



FARE

Food Allergy Research & Education

Honor Your Doctor
C A L I F O R N I A



F E B R U A R Y 2 7 , 2 0 2 0

Menlo Park Club
190 Park Lane
Atherton, CA



MESSAGE FROM CEO LISA GABLE

Welcome Friends of FARE!

It is my great pleasure to welcome you to our first FARE Honor Your Doctor event of 2020 - and our first on the West Coast! Events such as this pay tribute to physicians in the allergy and immunology space who have made significant contributions, not only to their patients, but also to the greater food allergy community.

Food allergy research is at an inflection point, a time with great potential for change. We are poised to harness biomedical advances that have yielded breakthrough treatments for other medical conditions and growing recognition of a food allergy epidemic that affects 32 million Americans. We have now entered the second year of our Contains: Courage® campaign having made huge strides so far, with \$75 million of our \$200 million goal already committed. This outstanding achievement will make a lasting impact on the lives of patients and families managing food allergy. As we forge ahead with new partnerships, new research initiatives, new educational ventures and a comprehensive program of advocacy, we thank you for your support which makes this work possible.

Tonight we gather here in the Bay Area, home to engines of technology and innovation that have transformed the world, to celebrate an exceptional doctor who we are proud to call our own Medical Advisor for Innovation, and whose groundbreaking research on food allergy treatment has changed the lives of many patients and their families, Dr. Kari Nadeau.

We recognize Dr. Nadeau as a remarkable physician who has helped to liberate many members of our community from heavy burdens of fear and anxiety. She is also a Renaissance woman who has truly redefined what it means to be a leader and a mentor in the world of medicine and innovation. We are privileged to honor Dr. Nadeau for her exceptional efforts, and we thank her on behalf of the 32 million Americans with food allergies.

Warmly,

A handwritten signature in black ink that reads "Lisa Gable". The signature is fluid and cursive, with a long horizontal line extending from the end of the name.

Lisa Gable
Chief Executive Officer
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Justine Stamen Arrillaga & John Arrillaga

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Kimberley Yates

Honoring

Kari Nadeau, MD, PhD

Sean N. Parker Center for Allergy and
Asthma Research at Stanford University
Stanford School of Medicine





FARE
Food Allergy Research & Education

FARE's *Honor Your Doctor* Series will recognize the exceptional physicians who touch the lives of those in our community in a deeply meaningful way. These special events will honor physicians from across the country for their tremendous contributions to the food allergy community and raise much needed funds to support FARE's mission to improve the quality of life and the health of individuals with food allergies, and to provide them hope through the promise of new treatments.





KARI NADEAU, MD, PHD

**Sean N. Parker Center for Allergy and
Asthma Research at Stanford University
Stanford School of Medicine**

Dr. Kari Nadeau is the Naddisy Foundation Endowed Professor of Medicine and Pediatrics and, Director of the Sean N. Parker Center for Allergy and Asthma Research at Stanford University. She is Section Chief in asthma and allergy in Pulmonary and Critical Care at Stanford. For more than 30 years, she has devoted herself to understanding

how environmental and genetic factors affect the risk of developing allergies and asthma, and the molecular mechanisms underlying the diseases.

As one of the nation's foremost experts in adult and pediatric allergy and asthma, her research is laying the groundwork for a variety of potential future therapies to prevent and cure allergies and asthma. She leads a diverse team of specialists — in areas from immunology to chemical engineering — a team that was among the first to show that high dimensional immunophenotyping of T cells involved in allergy and asthma could be used in therapies for patients. Her research has also shown that blocking antibodies in conjunction with allergen immunotherapy produced desensitization even in patients with up to five food allergens. She has overseen more than 40 clinical trials and enrolled more than 2,000 patients in allergy studies. Her work has changed the lives of many who, for the first time in their lives, are able to control life-threatening food allergies.

Dr. Nadeau received her MD and PhD from Harvard Medical School. She completed a residency in pediatrics at Boston Children's Hospital and a clinical fellowship in asthma and immunology at Stanford and at University of California, San Francisco. Her research and scientific breakthroughs have been covered in Lancet, JAMA, Nature Medicine, US News and World Report, New York Times Magazine, Discover Magazine, as well as other national and international media. Dr. Nadeau has served as a White House Medical Consultant, a member of the Scientific Advisory Board of the EPA, NHLBI DSMB, NIH Study Sections, FARE Scientific Board, and a member of the American Lung Association Medical Board. She serves as the director of the Mechanism Committee for the American Academy of Allergy, Asthma and Immunology and is a member of ASCI (American Society of Clinical Investigation). She has worked with the United Nations, the US Congress, the NIH, the EPA, Nature Conservancy, ALA, the White House, the California Governor's Office, and many scientists around the world to understand the consequences of global climate change on health. She also is the mother of five children, does work in humanitarian aid and education for the underserved with allergy and asthma across the globe, and works to promote greening the planet and environmental justice at all levels of education from elementary school to university faculty. She has started three separate biotechnology/pharmaceutical companies as a Co-Founder.

We Salute

Honor Your Doctor Awardee

Kari Nadeau, MD, PhD

and

FARE

for their tremendous contributions

to the food allergy community

Denise and Dave Bunning

Kari Nadeau Changes Lives!

Congratulations, dear Kari!



Thank you from the bottom of our hearts for
changing Stefan's life and ours.

With gratitude, admiration and love from,

Rebecca, Sacha, Stefan, Miki,
and of course, Jamaica

The Board of Directors, Board of Governors
and Board of Ambassadors of

FARE

Congratulates

Kari Nadeau, MD, PhD

on her

Honor Your Doctor Award

We join with

FARE

in Congratulating

Dr. Kari Nadeau

on this most deserved honor

Mary and Marc Weiser



Kari,

You have truly changed my life, my family's life, and so many others in more ways than I could ever describe. Thank you for never giving up and for always being there for me! Looking forward to a day when your hard work and dedication leads to a cure for those living with food allergies.

Congratulations on your well-deserved recognition.

Love always,
Andy

Congratulations, Kari!

There is no one who deserves to be honored more than you!

Thank you for your brilliance, your compassion, and your tireless efforts on behalf of food allergic families everywhere.

You have transformed our family's life and the lives of millions of others and continue to fight for all of us everyday.

We can never thank you enough for treating Cole and for being our friend and inspiration.

All our love and gratitude,
Melanie and Tom

Kari,

You provided me a freedom from my allergy that I had thought impossible. I'm incredibly grateful for your dedication and caring commitment to me and all those you've helped.

Cole



2009

We Proudly Join

FARE

in Congratulating

Dr. Kari Nadeau

on this Distinguished Honor

Lisa and Jim Gable



Heartfelt Gratitude

to Kari and our friends at FARE

We are delighted to celebrate the incredible vision and scientific leadership of Dr. Kari Nadeau, together with FARE

From the early days of SAFAR to our shared mission of bringing better care to families impacted by food allergies, Kari's work has improved the lives of so many families, including many of our own.

Kim, Julie, Debbie, Jung, Christine,
Rani, Allison, Suzie, Liz, and Jen

*"Spread love everywhere you go. Let no one
ever come to you without leaving happier."*

- Mother Theresa

**That is you, Kari!
You are our angel of happiness.**



*Sending you all the aloha,
deepest gratitude & respect,*

Justine, John, Jack, Finn & Ben Arrillaga

Honor Your Doctor California

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Enroll
for free

2



Create your confidential
patient profile

3



Take our
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Food Allergy Research & Education

FARE's mission is to improve the quality of *life* and the *health* of individuals with food allergies, and to provide them *hope* through the promise of new treatments.

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Imagine a world where every kid feels liberated, courageous and empowered. The Contains: Courage® Campaign is a transformative five-year fundraising and awareness campaign supporting families living with food allergies, and educating ALL communities about the disease. With your support, we will drive awareness, ensure that communities have the tools they need to spread the word about food allergies, and raise a historic amount of funding for research, therapies and diagnostics to improve the quality of life of children and adults who are affected.



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Food Allergy Research & Education

www.foodallergy.org
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INGREDIENTS: Happy, friendly, Mickey Mouse lover, reading star, silly, bubbly, future chef and science teacher, dancing machine, chess player, adventurous, witty, caring, hugs, allergic to dairy, tree nuts and peanuts, shellfish, and wheat

CONTAINS: COURAGE®



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CONTAINS: COURAGE®



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INGREDIENTS: Honesty, humor, water polo player, determination, caring big brother, intelligence, loyalty, strength, fearless, allergic to peanuts and tree nuts.

CONTAINS: COURAGE®



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INGREDIENTS: Compassion, heart, faith, strength, funny jokes and boundless energy, choir member, awesome brother and future wrestler, allergic to fish, shellfish, chicken, onion, garlic and peanuts.

CONTAINS: COURAGE®



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CONTAINS: COURAGE®