



## Estimated Food Allergy Population by State and Age Group – 2023

State	Total Population	Total State Food Allergy Population	Food Allergy Population by Adults, 18+	Food Allergy Population by Children, 0-18	Food Allergy Population for School Aged Children, 5-18
<b>United States</b>	334,914,895	33,840,189	28,304,968	5,535,221	3,997,660
Alabama	5,108,468	515,528	429,584	85,944	62,071
Alaska	733,406	73,592	60,253	13,339	9,633
Arizona	7,431,344	751,928	631,617	120,311	86,891
Arkansas	3,067,732	308,736	255,109	53,626	38,730
California	38,965,193	3,937,979	3,296,109	641,871	463,573
Colorado	5,877,610	595,912	503,596	92,316	66,673
Connecticut	3,617,176	367,519	312,573	54,947	39,684
Delaware	1,031,890	104,662	88,555	16,107	11,633
District of Columbia	678,972	69,278	59,657	9,621	6,948
Florida	22,610,726	2,301,771	1,968,827	332,944	240,460
Georgia	11,029,227	1,109,919	916,979	192,940	139,345
Hawaii	1,435,138	145,599	123,285	22,315	16,116
Idaho	1,964,726	197,235	161,717	35,518	25,652
Illinois	12,549,689	1,268,790	1,063,170	205,620	148,503
Indiana	6,862,199	690,325	569,694	120,631	87,123
Iowa	3,207,004	322,993	267,503	55,489	40,076
Kansas	2,940,546	295,360	242,591	52,770	38,111
Kentucky	4,526,154	456,284	379,000	77,284	55,816
Louisiana	4,573,749	459,816	378,713	81,103	58,575
Maine	1,395,722	142,768	123,840	18,928	13,670
Maryland	6,180,253	623,886	520,380	103,506	74,754
Massachusetts	7,001,399	713,213	611,237	101,977	73,650
Michigan	10,037,261	1,016,443	855,938	160,505	115,920
Minnesota	5,737,915	578,065	479,194	98,871	71,407
Mississippi	2,939,690	295,732	244,065	51,667	37,315
Missouri	6,196,156	625,202	520,742	104,460	75,443
Montana	1,132,812	114,803	96,893	17,909	12,935
Nebraska	1,978,379	198,273	161,717	36,556	26,401
Nevada	3,194,176	323,020	270,888	52,133	37,651
New Hampshire	1,402,054	143,356	124,200	19,156	13,835
New Jersey	9,290,841	939,082	786,300	152,782	110,343
New Mexico	2,114,371	213,909	179,607	34,302	24,774

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New York	19,571,216	1,986,974	1,686,021	300,953	217,355
North Carolina	10,835,491	1,095,461	917,878	177,583	128,255
North Dakota	783,926	78,753	64,713	14,040	10,140
Ohio	11,785,935	1,190,377	994,430	195,947	141,517
Oklahoma	4,053,824	406,882	333,419	73,462	53,056
Oregon	4,233,358	430,584	367,365	63,219	45,658
Pennsylvania	12,961,683	1,315,734	1,115,929	199,804	144,303
Rhode Island	1,095,962	111,841	96,349	15,492	11,188
South Carolina	5,373,555	543,730	456,770	86,959	62,804
South Dakota	919,318	92,186	75,321	16,864	12,180
Tennessee	7,126,489	719,398	600,022	119,375	86,216
Texas	30,503,301	3,052,401	2,477,755	574,646	415,022
Utah	3,417,734	339,254	268,335	70,920	51,220
Vermont	647,464	66,258	57,545	8,712	6,292
Virginia	8,715,698	881,086	738,089	142,997	103,276
Washington	7,812,880	791,053	665,799	125,253	90,461
West Virginia	1,770,071	179,897	153,129	26,768	19,333
Wisconsin	5,910,955	598,411	503,477	94,934	68,563
Wyoming	584,057	58,933	49,087	9,846	7,111
Puerto Rico	3,205,691	330,257	292,357	37,900	27,372

Sources: In the United States, an estimated 7.6 percent of children and 10.8 percent of adults have food allergies. Gupta RS et. al. [The public health impact of parent-reported childhood food allergies in the United States](#). *Pediatrics*. 2018; 142 (6): e20181235; Gupta RS, Warren CW, Smith BM, [Prevalence and severity of food allergies among US adults](#). *JAMA Netw Open*. 2019;2(1):e185630.

[Estimates of the Total Resident Population and Resident Population Age 18 Years and Older for the United States, Regions, States, District of Columbia, and Puerto Rico](#): July 1, 2023 (SCPRC-EST2023-18+POP), Source: U.S. Census Bureau, Population Division. Release Date: December 2023.