

EVERY MINUTES,

A FOOD ALLERGY REACTION SENDS SOMEONE TO THE HOSPITAL.

Take the time to learn 3 easy steps to keep a friend with food allergies safe. Here's how:



STEP 1

Learn about food allergies, and how serious they can be



STEP 2

Wash your hands with soapy water after you eat



STEP 3

Stop an adult for help if a friend feels sick



LEARN HOW YOU CAN
KEEP A FRIEND SAFE AT
foodallergy.org



FARE
Food Allergy Research & Education