



# Print-at-Home Animal-Free Dairy Milk Allergen Guide

Animal-Free and vegan-friendly products can still contain milk allergens. Keep yourself and your family safe by knowing how to identify these products.

Print this wallet-sized quick guide to keep on hand for your next grocery trip!

CUT ✂

FOLD

Look for this language:

INGREDIENTS  
"Animal-Free Whey Protein"  
"Animal-Free Dairy"  
"Whey Protein (From Fermentation)"  
"Non-Animal Whey Protein"

LABEL ON PACKAGING FRONT AND BACK  
"Contains Milk Protein"

This language indicates the presence of a milk protein that may cause an allergic reaction for those with milk allergies.

Look for this logo:



Products that use Perfect Day contain a milk protein produced through fermentation, instead of from cows.

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